

# East Hollywood High School

## September 2-6 2013

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

### SIDES

**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

### DAILY SPECIALS

### FAVORITES

- MONDAY** No School- Labor Day
- TUESDAY** Teriyaki Beef Dippers over Rice
- WEDNESDAY** BBQ Pork Nuggets with Breadstick
- THURSDAY** Malibu Chicken Sandwich
- FRIDAY** Fish Nuggets

### DAILY SPECIALS

### GRILL

- MONDAY** No School- Labor Day
- TUESDAY** Chicken Sandwich or Cheeseburger
- WEDNESDAY** Chicken Sandwich or Hamburger
- THURSDAY** Chicken Sandwich or Cheeseburger
- FRIDAY** Chicken Sandwich or Hamburger

### DAILY SPECIALS

### PIZZA

- MONDAY** No School- Labor Day
- TUESDAY** Cheese or Pepperoni Pizza
- WEDNESDAY** Cheese or Pepperoni Pizza
- THURSDAY** Cheese or Pepperoni Pizza
- FRIDAY** Cheese or Meat Lovers Pizza

### DAILY SPECIALS

### DELI

- MONDAY** No School- Labor Day
- TUESDAY** All American Sub
- WEDNESDAY** Ham and Cheese Sub
- THURSDAY** Bologna and Cheese Sub
- FRIDAY** Tuna Salad Sub

### DAILY SPECIALS

### SALADS

- MONDAY** No School- Labor Day
- TUESDAY** Taco Salad w/ Chips
- WEDNESDAY** Chicken Fiesta Salad w/ Chips
- THURSDAY** Chef Salad w/ Breadstick
- FRIDAY** Vegetarian Salad w/ Breadstick

**V Vegetarian**  
**SP Smart Pick**

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

*To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.*

CROSSROADS  
**CAFE**  
by **sodexo**

# East Hollywood High School

## September 9-13 2013

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

### SIDES

**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

### DAILY SPECIALS

#### FAVORITES

<b>MONDAY</b>	Hot Ham & Cheese on Bun
<b>TUESDAY</b>	Beefy Nachos
<b>WEDNESDAY</b>	Salisbury Steak over Rice
<b>THURSDAY</b>	Chicken Parmesan with Roll
<b>FRIDAY</b>	Chicken Nuggets with Breadstick

### DAILY SPECIALS

#### GRILL

<b>MONDAY</b>	Chicken Sandwich or Hamburger
<b>TUESDAY</b>	Chicken Sandwich or Cheeseburger
<b>WEDNESDAY</b>	Chicken Sandwich or Hamburger
<b>THURSDAY</b>	Chicken Sandwich or Cheeseburger
<b>FRIDAY</b>	Chicken Sandwich or Hamburger

### DAILY SPECIALS

#### PIZZA

<b>MONDAY</b>	Cheese or Pepperoni Pizza
<b>TUESDAY</b>	Cheese or Pepperoni Pizza
<b>WEDNESDAY</b>	Cheese or Pepperoni Pizza
<b>THURSDAY</b>	Cheese or Pepperoni Pizza
<b>FRIDAY</b>	Cheese or Supreme Pizza

### DAILY SPECIALS

#### DELI

<b>MONDAY</b>	Turkey and Cheese Sub
<b>TUESDAY</b>	All American Sub
<b>WEDNESDAY</b>	Ham and Cheese Sub
<b>THURSDAY</b>	Bologna and Cheese Sub
<b>FRIDAY</b>	Tuna Salad Sub

### DAILY SPECIALS

#### SALADS

<b>MONDAY</b>	Mandarin Chicken Salad w/ Breadstick
<b>TUESDAY</b>	Taco Salad w/ Chips
<b>WEDNESDAY</b>	Chicken Fiesta Salad w/ Chips
<b>THURSDAY</b>	Chef Salad w/ Breadstick
<b>FRIDAY</b>	Vegetarian Salad w/ Breadstick

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# East Hollywood High School

## September 16-20 2013

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

### SIDES

**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

### DAILY SPECIALS

#### FAVORITES

<b>MONDAY</b>	Turkey & Gravy with Breadstick
<b>TUESDAY</b>	Sloppy Joe on WW Bun
<b>WEDNESDAY</b>	Corndog
<b>THURSDAY</b>	Chicken Fajita Taco with Chips
<b>FRIDAY</b>	Chicken Nuggets with Breadstick

### DAILY SPECIALS

#### GRILL

<b>MONDAY</b>	Chicken Sandwich or Hamburger
<b>TUESDAY</b>	Chicken Sandwich or Cheeseburger
<b>WEDNESDAY</b>	Chicken Sandwich or Hamburger
<b>THURSDAY</b>	Chicken Sandwich or Cheeseburger
<b>FRIDAY</b>	Chicken Sandwich or Hamburger

### DAILY SPECIALS

#### PIZZA

<b>MONDAY</b>	Cheese or Pepperoni Pizza
<b>TUESDAY</b>	Cheese or Pepperoni Pizza
<b>WEDNESDAY</b>	Cheese or Pepperoni Pizza
<b>THURSDAY</b>	Cheese or Pepperoni Pizza
<b>FRIDAY</b>	Cheese or Sausage Pizza

### DAILY SPECIALS

#### DELI

<b>MONDAY</b>	Turkey and Cheese Sub
<b>TUESDAY</b>	All American Sub
<b>WEDNESDAY</b>	Ham and Cheese Sub
<b>THURSDAY</b>	Bologna and Cheese Sub
<b>FRIDAY</b>	Tuna Salad Sub

### DAILY SPECIALS

#### SALADS

<b>MONDAY</b>	Mandarin Chicken Salad w/ Breadstick
<b>TUESDAY</b>	Taco Salad w/ Chips
<b>WEDNESDAY</b>	Chicken Fiesta Salad w/ Chips
<b>THURSDAY</b>	Chef Salad w/ Breadstick
<b>FRIDAY</b>	Vegetarian Salad w/ Breadstick

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# East Hollywood High School

## September 23-27 2013

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

### SIDES

**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

### DAILY SPECIALS

#### FAVORITES

- MONDAY** Orange Chicken over Brown Rice
- TUESDAY** Cheese Sticks w/ Marinara Sauce
- WEDNESDAY** Spaghetti w/ Meat Sauce
- THURSDAY** Bean and Cheese Burrito
- FRIDAY** Beefy Nachos

### DAILY SPECIALS

#### GRILL

- MONDAY** Chicken Sandwich or Hamburger
- TUESDAY** Chicken Sandwich or Cheeseburger
- WEDNESDAY** Chicken Sandwich or Hamburger
- THURSDAY** Chicken Sandwich or Cheeseburger
- FRIDAY** Chicken Sandwich or Hamburger

### DAILY SPECIALS

#### PIZZA

- MONDAY** Cheese or Pepperoni Pizza
- TUESDAY** Cheese or Pepperoni Pizza
- WEDNESDAY** Cheese or Pepperoni Pizza
- THURSDAY** Cheese or Pepperoni Pizza
- FRIDAY** Cheese or Hawaiian Pizza

### DAILY SPECIALS

#### DELI

- MONDAY** Turkey and Cheese Sub
- TUESDAY** All American Sub
- WEDNESDAY** Ham and Cheese Sub
- THURSDAY** Bologna and Cheese Sub
- FRIDAY** Tuna Salad Sub

### DAILY SPECIALS

#### SALADS

- MONDAY** Mandarin Chicken Salad w/ Breadstick
- TUESDAY** Taco Salad w/ Chips
- WEDNESDAY** Chicken Fiesta Salad w/ Chips
- THURSDAY** Chef Salad w/ Breadstick
- FRIDAY** Vegetarian Salad w/ Breadstick

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# East Hollywood High School

September 30- October 4 2013

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

## SIDES

**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

## DAILY SPECIALS

### FAVORITES

<b>MONDAY</b>	Chili & Cheese with Chips
<b>TUESDAY</b>	Teriyaki Beef Dippers over Rice
<b>WEDNESDAY</b>	BBQ Pork Nuggets with Breadstick
<b>THURSDAY</b>	Malibu Chicken Sandwich
<b>FRIDAY</b>	Fish Nuggets

## DAILY SPECIALS

### GRILL

<b>MONDAY</b>	Chicken Sandwich or Hamburger
<b>TUESDAY</b>	Chicken Sandwich or Cheeseburger
<b>WEDNESDAY</b>	Chicken Sandwich or Hamburger
<b>THURSDAY</b>	Chicken Sandwich or Cheeseburger
<b>FRIDAY</b>	Chicken Sandwich or Hamburger

## DAILY SPECIALS

### PIZZA

<b>MONDAY</b>	Cheese or Pepperoni Pizza
<b>TUESDAY</b>	Cheese or Pepperoni Pizza
<b>WEDNESDAY</b>	Cheese or Pepperoni Pizza
<b>THURSDAY</b>	Cheese or Pepperoni Pizza
<b>FRIDAY</b>	Cheese or Meat Lovers Pizza

## DAILY SPECIALS

### DELI

<b>MONDAY</b>	Turkey and Cheese Sub
<b>TUESDAY</b>	All American Sub
<b>WEDNESDAY</b>	Ham and Cheese Sub
<b>THURSDAY</b>	Bologna and Cheese Sub
<b>FRIDAY</b>	Tuna Salad Sub

## DAILY SPECIALS

### SALADS

<b>MONDAY</b>	Mandarin Chicken Salad w/ Breadstick
<b>TUESDAY</b>	Taco Salad w/ Chips
<b>WEDNESDAY</b>	Chicken Fiesta Salad w/ Chips
<b>THURSDAY</b>	Chef Salad w/ Breadstick
<b>FRIDAY</b>	Vegetarian Salad w/ Breadstick

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