



East Hollywood High School

SEP 2013

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

No School- Labor Day

3

Ham/Egg/Cheese on Bun
Blueberry Muffin Tops
Cereal w/ Toast
Raisin Bran Cereal
w/ Toast
Fresh Apple
Milk Choice

4

French Toast Sticks
Honey Oat Blenders Cereal
w/ Toast
Crispy Rice Cereal
w/ Toast
Pineapple Tidbits
Milk Choice

5

Pancakes
Honey Graham Square
Cereal w/ Toast
Raisin Bran Cereal
w/ Toast
Applesauce
Milk Choice

6

Breakfast Pizza
Honey Nut Toasty O's
Cereal w/ Toast
Crispy Rice Cereal
w/ Toast
Diced Pears
Milk Choice

9

Waffles
Coco Roos Cereal
w/ Toast
Raisin Bran Cereal
w/ Toast
Mixed Fruit
Milk Choice

10

Egg/Cheese on Bun
Honey Graham Square
Cereal w/ Toast
Cornflakes Cereal
w/ Toast
Fresh Apple
Milk Choice

11

Pancakes
Blueberry Muffin Tops
Cereal w/ Toast
Crispy Rice Cereal
w/ Toast
Sliced Peaches
Milk Choice

12

French Toast Sticks
Honey Nut Toasty O's
Cereal w/ Toast
Raisin Bran Cereal
w/ Toast
Pineapple Tidbits
Milk Choice

13

Breakfast Pizza
Honey Oat Blenders
Cereal w/ Toast
Crispy Rice Cereal
w/ Toast
Applesauce
Milk Choice

16

French Toast Sticks
Honey Oat Blenders Cereal
w/ Toast
Crispy Rice Cereal
w/ Toast
Mixed Fruit
Milk Choice

17

Ham/Egg/Cheese on Bun
Coco Roos Cereal
w/ Toast
Raisin Bran Cereal
w/ Toast
Fresh Apple
Milk Choice

18

Pancakes
Blueberry Muffin Tops
Cereal w/ Toast
Crispy Rice Cereal
w/ Toast
Sliced Peaches
Milk Choice

19

Egg/Cheese on Bun
Honey Graham Square
Cereal w/ Toast
Cornflakes Cereal
w/ Toast
Pineapple Tidbits
Milk Choice

20

Breakfast Pizza
Honey Nut Toasty O's
Cereal w/ Toast
Crispy Rice Cereal
w/ Toast
Fresh Orange
Milk Choice

23

Waffles
Honey Oat Blenders Cereal
w/ Toast
Crispy Rice Cereal
w/ Toast
Fresh Apple
Milk Choice

24

Sausage/Cheese on Bun
Coco Roos Cereal w/ Toast
Raisin Bran Cereal
w/ Toast
Fresh Banana
Milk Choice

25

Pancake & Sausage
on Stick
Blueberry Muffin Tops
Cereal w/ Toast
Crispy Rice Cereal
w/ Toast
Applesauce
Milk Choice

26

French Toast Sticks
Honey Graham Square
Cereal w/ Toast
Cornflakes Cereal
w/ Toast
Fresh Orange
Milk Choice

27

Breakfast Pizza
Honey Nut Toasty O's
Cereal w/ Toast
Crispy Rice Cereal
w/ Toast
Pineapple Tidbits
Milk Choice

30

Ham & Cheese Quesadilla
Honey Nut Toasty O's
Cereal w/ Toast
Raisin Bran Cereal
w/ Toast
Pineapple Tidbits
Milk Choice